

AHF Anti-Doping Policy – Coaches.

The new AHF Anti-Doping Policy was adopted by the AHF board on August 3rd and will come in to effect as of August 12th 2004.

The new AHF Anti-doping policy is WADA compliant and will follow the *code* which all sports now follow.

This documentation has been prepared for you in order to understand the new AHF Anti-doping policy, and explains what is required from you as a coaching staff / member of AHF.

Please read and understand all documents. Remember it is your responsibility to abide by the rules of the AHF Anti-Doping Policy. Your AHF Anti-Doping Officer will assist where possible and answer your quires and questions, but will not do the work for you.

Contents:

With this document you should have received the following attachments:

- 1x Instructions to complete IHF Team Whereabout Form
- 1x IHF Team Whereabout Form, 2 Parts
- 1x AHF Anti-Doping Policy
- 1x IHF Anti-Doping Regulations
- 1x Prohibited List – March 2004
- 1x IHF Guidelines RESULTS MANAGEMENT and Sanctions
- 1x IHF Athlete Whereabouts Information Guidelines
- 1x Example of completed Athlete Contact Detail Form

AHF Anti-Doping officer

Your AHF Anti-doping officer is:

Jacob Krog
17/26 Burdett Cres, Theodore ACT 2905
(02) 6291 5072
0419 208 304
asda@kooee.com.au

Please contact Jacob if you have questions and queries regarding the AHF Anti-Doping Policy.

Helpful Internet Sites:

- IHF Ani-Doping documents
http://www.ihf.info/CDA/medical_matters,7337,0,,en.html
- WADA
<http://www.wada-ama.org>
- Prohibited list
<http://www.wada-ama.org/en/t3.asp?p=41627&pp=41626>
- Therapeutic use
<http://www.asda.org.au/athletes/therapeutic.htm>
- ASDA
<http://www.asda.org.au>
- AHF Anti-Doping Policy
<http://www.handballaustralia.org.au> / <http://www.acthandball.com.au>

What must I do as part of the Coaching Staff?

1. Be knowledgeable of and comply with all anti-doping policies and rules applicable to you or the *Athletes* whom you support;
 2. Support and assist *Anti-Doping Organisations*, including ASDA to conduct *Doping Control*; and
 3. Use your influence on *Athletes* values and behaviour to foster anti-doping attitudes
- Athlete Contact Detail Forms
 - Assist AHF in retrieving forms from athlete's part of the National Squad.
Suggestion: Help the athletes understand they must complete the form via emails / letters, and talk to them at camps.
 - This form ***must*** be returned by the stipulated due date. Failure to complete the form (includes failure to give correct details) can lead to a ban from the sport; this is as according to article 5.4, 8.3.2.5, 8.3.2.6 and 13.5.3 of the AHF Anti-Doping policy.
 - ***First Violation – 3 (three) months to 1yr ineligibility***
 - ***Second Violation and Subsequent Violations – 2 (two) years ineligibility***
 - All coaching staff ***must*** complete form as well. This includes all medical staff. It does not matter if they only spend time with the squad at Tournaments.
Remember: It is also an anti-doping violation to carry of trafficking substances on the banned list.
 - Team Contact Detail Form
 - The Team Contact Detail form must be completed every 3 months. Once form is completed it must be returned to AHF who will forward form to IHF.
 - Failure to complete form in time will carry fine from IHF. First time offence will be 500 sFr, if form not returned 7 days past due date. Subsequent failure to complete form will carry fine of 1000 sFr.
 - You will be given form 2 (two) weeks prior to form being due. Due date will be established by IHF. AHF will inform you of that date.
 - You ***must*** complete all 19 questions of the form and attach all required information.
 - For more information about the IHF Team Whereabouts read document: "IHF Athlete Whereabouts Information Guidelines"
 - Notify ASDA off any camps, training sessions, tournaments that might be arranged.
 - You must inform AHF of any camps, training sessions, tournaments and social functions that might take place.
 - These details should be provided to AHF who will then pass on to ASDA, at least every 3 months. We will use the details from the IHF Team Whereabouts form so you only complete one form. Remember to complete and return IHF Team Whereabouts Form by specified due date.
 - Supply AHF Anti-Doping Officer with an up-to date list of the national squads
 - The Coaching Staff must supply AHF with an updated list of who is currently selected for the National Squad. This form must be updated and passed on to AHF every 3 months.
 - Please supply the first update COB August 20th 2004.
 - The updated lists will then be due on 1st of the months – November, February, May, and August.
 - However if the lists are to change you must notify AHF of whom has been selected and whom have left the squad.
 - The year prior to an Olympic year, you must also name any "potential" players who are not part of the squad but may be invited for camps and training sessions.
 - Understand TUE's and ATUE's

- A TUE (A Therapeutic Use Exemption) may be granted to an *Athlete* permitting the use of a *Prohibited Substance* or *Prohibited Method* contained in the *Prohibited List*.

Please note there are 2 (two) types of TUE's

- Abbreviated TUE (ATUE)
- Standard TUE (TUE)

Abbreviated TUE's should be completed by athletes who need respiratory use of asthma puffers and use of non-systemic Glucocorticosteroids during events.

This form is attached with this document. ATUE forms are in effect once completed and received by your AHF Anti-Doping Officer. Your Anti-Doping Officer will then inform ASDA and IHF. ATUE forms are valid for 1 (one) year, which will commence on day AHF Anti-Doping Officer receives form.

TUE's must be completed if an *Athlete* needs permission to use a *Prohibited Substance* or *Prohibited Method* contained in the *Prohibited List*. Athletes must complete the form according to the regulations set by IHF. Once athletes have completed the form and have all required documents they must forward this to IHF. They must do so at least 21 (twenty-one) days prior to an international event. It will take 14 (fourteen) days for IHF to approve the athletes TUE application. If granted they will receive a letter from IHF. That letter will state when the TUE is effect for how long a period it is effective.

Please note if athletes have previously completed an ATUE or TUE form, they are now void as of August 12th 2004. Athletes will need to complete a new form. Also note that is **the athletes** responsibility to complete the forms if need be. If they are in doubt always check with the prohibited list.

If athletes are tested positive for any substance on the prohibited list and fail to produce an ATUE/TUE form they will be sanctioned according to article 5.2, 5.6, 7.4, 13.2, and 13.3 of the AHF Anti-Doping Policy.

First Violation – 1yr to 2yr ineligibility
Second Violation – Life time ineligibility

If you need to complete a TUE you will need to forward the form and all relevant documents to:

Frank Birkefeld at IHF.Office@ihf.info
Peter Merian-Strasse 23
P.O. Box
4002 Basle
Switzerland

We recommend athletes keep a copy of your ATUE/TUE forms and keep it with them while attending any National Training Camps, International Events, and the National Championships.

- Please read and understand all the documentation regarding TUE's and ATUE's, we ask that you assist us in making sure any athletes who may need these forms are acquiring them and completing them within the timeframe prior to events.
- If 2 (two) or more players are testes positive for a banned substance within the team, the team will be subject to a team testing, and could be banned from the tournament.

We ask that you assist your athletes in any way possible making sure that they are meeting their requirement set forth by this AHF Anti-Doping Policy, ASC and AOC.

Yours in sport

Jacob Krog
AHF Anti-Doping Officer