

AHF Anti-Doping Policy – States.

The new AHF Anti-Doping Policy was adopted by the AHF board on August 3rd and will come in to effect as of August 12th 2004.

The new AHF Anti-doping policy is WADA compliant and will follow the *code* which all sports now follow.

This documentation has been prepared for you in order to understand the new AHF Anti-doping policy, and explains what is required from you as a member of AHF.

Please read and understand all documents. Remember it is your responsibility to abide by the rules of the AHF Anti-Doping Policy. Your AHF Anti-Doping Officer will assist where possible and answer your quires and questions, but will not do the work for you.

Contents:

With this document you should have received the following attachments:

- 1x AHF Anti-Doping Policy
- 1x IHF Anti-Doping Regulations
- 3x Drugs Awareness Poster,
- 1x Example Of Preamble to AHF Anti-Doping Policy.
- 1x Prohibited List - March 2004
- 1x AHF Registration Form
- 1x Drug Testing Awareness Poster
- 1x TUE Application Form
- 1x Abbreviated TUE Application Form
- 1x ASDA requirements for testing room.

AHF Anti-Doping officer

Your AHF Anti-doping officer is:

Jacob Krog
17/26 Burdett Cres, Theodore ACT 2905
(02) 6291 5072
0419 208 304
asda@kooee.com.au

Please contact Jacob if you have questions and queries regarding the AHF Anti-Doping Policy.

Helpful Internet Sites:

- IHF Anti-Doping documents
http://www.ihf.info/CDA/medical_matters,7337,0,,en.html
- WADA
<http://www.wada-ama.org>
- Prohibited list
<http://www.wada-ama.org/en/t3.asp?p=41627&pp=41626>
- Therapeutic use
<http://www.asda.org.au/athletes/therapeutic.htm>
- ASDA
<http://www.asda.org.au>
- AHF Anti-Doping Policy
<http://www.handballaustralia.org.au> / <http://www.acthandball.com.au>

What must the State do to comply with Anti-Doping Policy?

1. Be knowledgeable of and comply with all anti-doping policies and rules applicable to you or the *Athletes* whom you support;
2. Support and assist *Anti-Doping Organisations*, including ASDA to conduct *Doping Control*; and
3. Use your influence on *Athletes* values and behaviour to foster anti-doping attitudes

Change to policies, rules, and by-laws

- As stated in section 17.1 of the AHF Anti-Doping Policy
17.1 Incorporation of Relevant Anti-Doping Rules.
AHF shall comply with the IHF Anti-Doping Rules. All Member Organisations shall comply with their AHF Anti-Doping Rules. Any procedural rules necessary to effectively implement this Anti-Doping Policy shall be deemed to be included in them. The Rules of each Member Organisation shall specifically provide that all Athletes, Athlete Support Personnel and other Persons under the jurisdiction of the Member Organisation shall be bound by this Anti-Doping Policy.
- To comply with article 17.1 all states must change their constitution, by-laws / policies that may contain references to Anti-Doping, to contain a clause requiring its members to be bound by the Anti-Doping Policy¹
- New Memberships – when signing up a new member you must now use the attached registration form. Please note the registration form has been changed to state: **I agree to observe and be bound by the Anti-Doping Policies of the AHF and IHF as in force from time to time.**
- You as a state must now adopt the new AHF Anti-Doping policy and as a state abide by this policy. To adopt the AHF Anti-Doping Policy as a state policy you will require an anti-doping preamble.
- We have attached a template version of an Anti-Doping Preamble with this document. Please confirm with your state Sport & Recreation Organization the requirements for your preamble.
- When you have adopted a preamble you must provide the new Doping Policy to all state bodies / organizations who may require a copy. I.e. most grants supplied to sporting organizations require an anti-doping policy to be in place.

Awareness of Drugs in sport.

- It is a requirement from ASC, AOC, and ASDA that all states provide information / awareness about drugs in sport to their athletes / members through various channels. One such channel is a website. It is a minimum requirement that you have a link to ASDA and ASDA logo displayed on your website.
- You should also provide a link to the AHF Anti-Doping Policy, if not to somewhere else on your web-site then to a web-site where you can download the policy, such as www.acthandball.com.au

¹ As this policy has come in effect as of 12th August 2004, we do realise that states can not make this change prior to this date. We have been granted an extension to implement this new clause by ASC. All states must implement relevant clause by COB August 30th 2004. If you do not have a meeting scheduled prior to then, you must call a meeting to start the procedure of implementing this clause to all relevant policies, rules, and by-laws.

- Posters - At all venues where competitions are held, posters which have been included with this pack should be displayed for all athletes / members to see.
- Newsletters. If your states provides newsletters to your athletes / members you should also have contact details for your AHF Anti-Doping Officer listed as well as references to where information about Anti-Doping can be obtained. Internet links to such places of information are provided above.

National Championships

- If your state is the hosting party of any National Championships (junior or senior), you must provide a room for Anti-Doping Testing. This room must follow certain guidelines which have been set by ASDA. A letter stating the requirements is attached with this document. The letter will also be sent to you 1(one) month prior to the event.
- You must provide a schedule of events and team lists from every team, as it will assist in selecting the athletes for testing and coordinating the test sessions.
- The drug testing awareness poster supplied with this document must be visible to all athletes / members at the event.
- You must name a contact person for ASDA to contact when ASDA attend the championships. This person should also be the one person to setup the testing room, and have the key for that room.
- Completing ATUE's for the National Championships (senior or junior). What is a TUE?_A Therapeutic Use Exemption
- A TUE may be granted to an *Athlete* permitting the use of a *Prohibited Substance* or *Prohibited Method* contained in the *Prohibited List*.
- Please note there are 2 (two) types of TUE's
 - Abbreviated Tue (ATUE)
 - Standard TUE (TUE)
- *Abbreviated TUE's* should be completed by athletes who need respiratory use of asthma puffers and use of non-systemic Glucocorticosteroids during events.
- This form is attached with this document. ATUE forms are in effect once completed and received by your AHF Anti-Doping Officer. Your Anti-Doping Officer will then inform ASDA. ATUE forms are valid for 1 (one) year, which will commence on day AHF Anti-Doping Officer receives form.
- *TUE's* must be completed if an *Athlete* needs permission to use a *Prohibited Substance* or *Prohibited Method* contained in the *Prohibited List*. The Athlete must complete the form according to the regulations set by ASDA.. Once you have completed the form and have all required documents you must forward this to ASDA. You must do so at least 21 (twenty-one) days prior to the event. It will take 14 (fourteen) days for ASDA to approve your TUE application. If granted you will receive a letter from ASDA. That letter will state when the TUE is effect for how long a period it is effective.
- Please note if athletes have previously completed an ATUE or TUE form, they are now void as of August 12th 2004. Athletes will need to complete a new form. Forms for both ATUE and TUE are attached with this letter. Also note that is the athletes responsibility to complete the forms if need be. If they are in doubt always check with the prohibited list.
- If an athlete is tested positive for any substance on the prohibited list and fail to produce a ATUE/TUE form they will be sanctioned according to article 5.2, 5.6, 7.4, 13.2, and 13.3 of the AHF Anti-Doping Policy.
First Violation – 1yr to 2yr ineligibility
Second Violation and Subsequent Violations – Life time ineligibility
- If they need to complete a TUE they will need to forward the form and all relevant documents to your AHF Anti-Doping Officer

- We recommend you keep a copy of your ATUE/TUE forms and keep it with you while attending any National Training Camps, International Events, and the National Championships.
For more information about TUE and ATUE please visit appropriate links listed above.

Support

- You must provide support to all your athletes / members by providing them information about AHF Anti-Doping Policy if required.
- You must have copies of all relevant documents which you can pass on to your athlete / member. All documents are provided with this document.
- You must be able to direct your athletes / member to the AHF Anti-Doping Officer. Contact details are listed above.

We ask that you assist your athletes in any way possible making sure that they are meeting their requirement set forth by this AHF Anti-Doping Policy, ASC and AOC.

We also ask that you meet the requirement set out in above document by COB August 30th. 2004

When the requirements have been met please notify your AHF Anti-Doping Officer via email or mail stating how the requirements have been met. AHF will then forward to ASDA for their records.

Yours in sport
Jacob Krog
AHF Anti-Doping Officer